14601 SW Millikan Way, Beaverton | 503-627-YUMM (9866)

# CAFÉ YUMM! MILLIKAN POINTE

**IDAHO**: EAGLE **WASHINGTON**: SEATTLE • VANCOUVER
**OREGON**: BEAVERTON • BEND • CLACKAMAS • CORVALLIS • EUGENE • KEIZER
LAKE OSWEGO • PORTLAND • SALEM • SPRINGFIELD • WILSONVILLE

## YUMM! BOWLS®

### YUMM! BOWL®

Choose any style at right and we will customize it however you like. Served fresh and fast!

| Small | Medium | Large |
|---|---|---|
| $7.00 | $8.00 | $9.00 |

Hot 'n' Jazzy®

### ORIGINAL

*538 | 776 | 1016 cal.*
Organic brown rice, organic black beans, organic mild salsa, Original Yumm! Sauce,® and Deluxe Toppings.

### HOT 'N' JAZZY® *Spicy!*

*550 | 783 | 1018 cal.*
Thai jasmine rice, organic red beans, Jalapeño Sesame Salsa, Original Yumm! Sauce,® and Deluxe Toppings.

### SOUPER

*506-531 | 719-752 | 902-952 cal.*
Organic brown rice, with choice of daily house soup, Original Yumm! Sauce,® and Deluxe Toppings.

### EDAMAME

*544 | 784 | 1008 cal.*
Organic brown rice, edamame (non-GMO green soybeans), Original Yumm! Sauce,® and Deluxe Toppings; topped with nori.

### JAZZY®

*528 | 761 | 996 cal.*
Thai jasmine rice, organic red beans, organic mild salsa, Original Yumm! Sauce,® and Deluxe Toppings.

### SMOKY *Mild heat.*

*511 | 740 | 961 cal.*
Organic brown rice, our famous Chipotle Chili, organic mild salsa, Original Yumm! Sauce,® and Deluxe Toppings.

### CHILEAN ZUCCHINI™

*508 | 737 | 956 cal.*
Organic brown rice, our zucchini-corn-tomato stew, organic mild salsa, Original Yumm! Sauce,® and Deluxe Toppings.

### YUMM! BABY® *No beans about it!*

*536 | 778 | 999 cal.*
Thai jasmine rice, extra avocado, Original Yumm! Sauce,® and Deluxe Toppings.

## CHOOSE YOUR TOPPINGS

### DELUXE TOPPINGS INCLUDE

- Shredded Tillamook® Cheddar Cheese
- Diced Tomato
- Fresh Avocado Slices
- Sour Cream (or organic non-fat yogurt)
- Black Olives
- Fresh Cilantro

Over 50% of our food is CERTIFIED ORGANIC

**"VEGAN SUB AVO!"**
Extra avocado, hold the cheese and sour cream. No charge.

**"VEGAN SUB CC!"**
Substitute cabbage and carrots for cheese and sour cream.

### ADD-ONS

**$2.50** All Natural Chicken, *Southwest* or *Original 98 | 80 cal.*
**$2.50** All Natural Turkey Breast *90 cal.*
**$2.00** Organic Tofu, *Southwest* or *Original 160 | 93 cal.*
**$2.00** Organic Tempeh *173 cal.*
**$2.00** Add soup *60-110 cal.*
**$1.00** Nori (roasted, salted seaweed) *48 cal.*
**$1.00** Pepitas (roasted, salted pumpkin seeds) *73 cal.*
**$1.00** Slivered Almonds (blanched, unsalted) *90 cal.*
**$1.00** Café Yumm!® Crispy Noodles (gluten-free) *60 cal.*
**75¢** Jalapeño Sesame Salsa *35 cal.*

DIETARY REQUESTS WELCOME! cafeyumm.com/nutrition

## YUMM! MORE

Yumm! Wrappit®

Yumm! Wrap®

### YUMM! WRAPPIT® $9.00

***A hand-held meal!***
*646-1053 cal.* A medium Original, Jazzy, or Hot 'n' Jazzy Yumm! Bowl® wrapped in a big, warm tortilla (white or wheat).

### YUMM! 'N' GREENS® $9.00

*403-658 cal.* A small Yumm! Bowl,® any style above, served on a bed of organic field greens, crowned with tortilla chips.

### YUMM! WRAP® $10.00

***You'll need a knife and fork.***
*788-1288 cal.* A large Original, Jazzy, or Hot 'n' Jazzy Yumm! Bowl® folded into a huge, grilled tortilla (white or wheat) with melted Tillamook® cheddar cheese.

100% post consumer recycled fiber

YUMM! YUMM! YUMM! YUMM! YUMM! YUMM! YUMM! YUMM! YUMM! YUMM! YUMM! YUMM! YUMM! YUMM!

## COOKIES

Chocolate Dipped Cookies

**OATMEAL RAISIN**
Organic oat flour. *394 | 472 cal.*

**CHOCOLATE CHIP**
***An award-winning cookie!***
Organic whole wheat flour, organic eggs. *335 | 412 cal.*

**GINGER SPICE**
Vegan and wheat-free.
Organic oat flour. *344 | 422 cal.*

**REGULAR COOKIE $3.00**

**DIPPED IN EUPHORIA® CHOCOLATE $3.50**

## DRINKS

**Café Yumm!® Organic Coffee $2.50** *0 cal.*

**Freshly Brewed Iced Tea $2.50** *0 cal.*

**Numi® Herbal Teas $2.50** *0 cal.* Organic, fair trade variety.

**Fresh Strawberry Lemonade $2.50** *180 cal.*

**Organic Juices, Smoothies, and Kombucha**
In our display case.

**Beer and Wine** Ask for selection.

**Fountain Drinks $2.50** *200|0 cal.*
Pepsi, Dr. Pepper, Mist Twst, Mug Root Beer, diet Pepsi, and diet Dr. Pepper

pepsi

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## SALAD • SOUP • SIDE ITEMS

**GINGER MISO SALAD $8.00** *468 cal.*
Organic field greens, tomato, carrots, red cabbage, cilantro, crispy noodles (GF), slivered almonds, and Sweet Ginger Miso.

**FRESH GREEN SALAD $6.00** *46 cal.*
Organic field greens topped with tomato, red cabbage, carrots, red onion, and choice of dressing.

### SALAD ADD-ONS

**$1.50** Sliced Avocado *45 cal.*
**$2.50** All Natural Chicken, *Southwest* or *Original 98 | 80 cal.*
**$2.50** All Natural Turkey Breast *90 cal.*
**$2.00** Organic Tofu, *Southwest* or *Original 160 | 93 cal.*
**$2.00** Organic Tempeh *173 cal.*
**75¢** Shredded Tillamook® Cheddar *110 cal.*

**Dressing choices:** Original Yumm! Sauce® *106 cal.*
Sweet Ginger Miso *90 cal.* • Creamy Ginger Asian *150 cal.*
Balsamic Vinaigrette *137 cal.* • Buttermilk Ranch *120 cal.*
Blue Cheese *120 cal.*

**HOUSE SOUPS Small $6.00 | Med. $7.00 | Large $8.00**
*120-220 | 180-330 | 240-440 cal.* Featuring our own recipes; such as, Chipotle Chili (mild heat) and Chilean Zucchini Stew. Plus, daily originals from American classics to world flavors. Served with a baguette roll and butter.

**TERIYAKI TEMPEH SKEWER**
**$4.00** *393 cal.* Organic tempeh glazed with teriyaki sauce.

**BBQ TOFU SKEWER**
**$4.00** *329 cal.* Organic tofu glazed with barbecue sauce.

**TERIYAKI CHICKEN**
**$4.00** *203 cal.*
All Natural Chicken glazed with teriyaki sauce.

Teriyaki Chicken, BBQ Tofu, and Teriyaki Tempeh

## SANDWICHES • BENTOS • GRILLED ITEMS

**TURKEY OR TEMPEH REUBEN $11.00** *849 or 1084 cal.*
Grilled All Natural turkey (nitrite-free) or baked organic tempeh on swirled rye with vegan Reuben sauce, sauerkraut, Swiss cheese, tomato, and red onion. Served with tortilla chips and a pickle spear.

**TOFU OR TEMPEH YUMM! BENTO® $9.00**
*984 or 1085 cal.* Choice of organic brown or Thai jasmine rice, with organic teriyaki tempeh or BBQ tofu skewer, and creamy ginger Asian Cole Slaw; plus, a side of Original Yumm! Sauce.®

Southwest Wrap™

Tofu Yumm! Bento®

**GINGER-GARLIC VEGGIE BURGER $11.00** *679 cal.*
Our unique vegan burger (contains peanuts) with creamy ginger Asian Cole Slaw, organic field greens, and tomato, presented open face on a vegan whole wheat bun. Served with tortilla chips and a pickle spear.

**CHICKEN YUMM! BENTO® $10.00** *861 cal.*
Choice of organic brown or Thai jasmine rice, All Natural chicken glazed with teriyaki sauce, and our creamy ginger Asian Cole Slaw; plus, a side of Original Yumm! Sauce.®

**SOUTHWEST WRAP™ CHICKEN $10.00 | TOFU $9.00**
*769 or 789 | 844 or 864 cal.* Southwest seasoned All Natural chicken or grilled organic tofu, with Tillamook® cheddar cheese, avocado, tomato, organic mild salsa, and cilantro folded into a grilled tortilla (white or wheat).

**CHEESE QUESADILLA $6.00** *770 or 790 cal.*
A tortilla grilled with Tillamook® cheddar cheese; served with organic mild salsa and sour cream on the side. Ask cashier about add-ons like olives, tomatoes, or avocado.

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